

DAV PUBLIC SCHOOL
BRS NAGAR, LUDHIANA

Dear Parents
Namaskar!

We wish to inform you that our school is participating in a **multicentre national research initiative** aimed at updating Indian growth charts. These growth charts are widely used to assess the growth patterns and nutritional status of children and adolescents across the country.

As part of this initiative, **basic anthropometric measurements** - namely **height, weight, and head circumference** - will be taken for students of Classes I to X during school hours. The objective of this activity is to promote awareness about growth monitoring and the overall physical development of students.

The measurements will be conducted by a **team of qualified paediatricians** from **Christian Medical College & Hospital, Ludhiana**, ensuring complete privacy of students and minimal disruption to routine school activities. The school ensures that strict confidentiality of data is maintained, and the information collected will be used solely for academic and research purposes.

A consent form for this activity will be distributed to students in their respective classes today. Parents are kindly requested to ensure that the duly filled and signed consent form is sent back to the school by tomorrow i.e. Saturday, 7th February, 2026 to facilitate the smooth conduct of the activity.

The student - wise data can be shared with the parents on request.

We seek your cooperation and support in making this important initiative a success.

Warm regards,

(J.K. Sidhu)
Principal