

# DAV PUBLIC SCHOOL

BRS NAGAR, LUDHIANA

Dear Parents

Namaskar

I hope you and your family members are staying safe and healthy during this country-wide lock down. I wish you all a very Happy Ashtami and Ram Navmi. Let us together pray to God almighty for the well being of the whole human race. May Lord Rama bless us with happy and healthy life and we come out of this worldwide condition of COVID-19 unscathed.

As the number of Corona positive cases is rising in Punjab with each passing day, it becomes more and more important for all of us to stay indoors in the safe confines of our homes and help in breaking the chain. I earnestly request you and your family members to remain in quarantine and be safe.

Let us follow the guidelines/protocol during quarantine-

1. Take good care of your health, boost your immunity with healthy diet rich in Vitamin C, regular exercise, pranayama and by taking adequate sleep.
2. Wash your hands regularly with soap (min 20 second).
3. Wipe clean all surfaces exposed to your regular touch e.g. door handles, mobile screen, laptop/computer keyboard, TV remote, kitchen counters, tooth brushes etc with alcohol based sanitizers.
4. STAY HOME under self quarantine, but follow your daily routine of waking up, bathing, getting ready, eating, reading, helping in household chores etc.
5. Do not call your maid/driver/mali/servant etc to your place nowadays. Rather guide them on phone about the importance of quarantine for themselves as well as for the whole society.
6. To keep any stress at bay read books- any books for that matter. Read story books if you have small children at home; you can read some history books and share your insights with young children; read some religious scriptures and again share your thoughts with your family. Read whatever you like but read you must!

You are requested to help your children follow their Online classes on daily basis as our teachers from Nursery to class XII are using different portals like

- Class WhatsApp groups
- Snap Homework App
- Fee Bank App
- Zoom Cloud Meetings App,

for sending guidelines, brief explanations, synopsis, assignments, audio/video explanations of the topics to our students. Many links of YouTube videos and teachers own videos lectures are also being shared by the them. Please supervise the Online teaching-learning work of your ward as these classes will go on as long as we are not in a position to reopen the school for the students.

I earnestly request you to help the teachers in conducting the classes without any interruption. It has been brought in my knowledge that many students create lot of noise

while teachers are teaching through Zoom app, which is really uncalled for. I have instructed the teachers to remove such rowdy students from the group so that others can attend the classes without any disturbance.

I am proud of my teaching staff that within no time almost all of them have adopted new ways of teaching supported with the latest technology and everyone is readily and happily working from home to help and guide their dear students. A word of appreciation and encouragement from your side will go a long way in boosting the morale of the teachers. It will also help in building the long lost respect for the teachers and the teaching profession. in the minds of younger generation.

We at DAV salute the real heroes in today's situation i.e. the doctors, nurses, paramedical staff, police and civil administration who are working tirelessly in saving lives and in providing the basic amenities to the society. In this lockdown condition, it is imperative for us all to obey the directions of the distt administration and STAY HOME, STAY SAFE but STAY WELL CONNECTED.

With best wishes

Educationally yours

Jaswinder Kaur Sidhu  
Principal

Dated: 01/04/2020