DAV PUBLIC SCHOOL

BRS NAGAR, LUDHIANA

Dear Parents Namaskar

Hope you and your family members are doing well and coping with all your might with the life situation during this lock down. But we can not and should not lose heart as the entire world is facing this crisis and we are all together in fighting this pandemic. The interesting fact about this situation is that we stand a chance of winning this war by being alone and not united, i.e. maintaining social distancing. Someone has rightly said-

Yeh Kaisa Samay Aa Gaya Hai Ki Dooriyaan Hi Dawa Ban Gayin!

Children are the most affected in this situation, finding it really hard to lose their contact with friends, teachers, school routine, play ground, swings and activity rooms, without getting any warning or time to prepare for this unprecedented time. But still they have been the most patient beyond their age and intellect in these testing times. They are the unsung heroes at home.

Truly speaking, they did not deserve this harsh treatment; rather we owe these little angels an apology for creating all this mess in the world. Let us now make up on the lost opportunities and forgotten promises.

- ✓ Please wake them up with all your love, give them a tight hug and help them get set in the day's routine.
- ✓ Enjoy their naughty tricks, laugh with them for no reason. Be a child with your children and keep stress at bay.
- ✓ Let them express their anguish if they sometimes want to because all pent up emotions need a vent. Be a support to the children, comfort their insecurities and build up their hope for a better tomorrow everyday.
- ✓ Keep a common story reading/telling time, small children can make a better sense of the world through your sharing of stories of valor, human spirit winning over man made or natural calamities.
- ✓ Help them create their own niche where they can have their 'ME' time and be most creative in their own right.
- ✓ Make adolescent children take an assessment of their personalities through 'SWOT' analysis- realizing their Strengths, knowing about certain 'Weaknesses', counting on the 'Opportunities' and keeping the known/unknown 'Threats' also in their minds.
- ✓ Talk about your hobbies and how you could never find time for yourself in the humdrum of life. Children will really appreciate the contribution you have been making all these years to make their growing up comfortable and enjoyable.

I would like to use this time to have a heart to heart talk with my dear students as well.

Dear children

The first and foremost thing I want to say is that we miss you. Your Principal, your teachers and your school misses you a lot. As I stay on the campus, it is becoming overly hard for me to see the campus sans children, no buses coming in, full of giggling youngsters, no bells ring, no morning assemblies, no body lines up anywhere, no rush at the water points; it's a sad scene to see the school just as a building.

It's you, my dear students, who are the soul and the heart beat of the school. And it's for all of you that I pray to the Almighty to bless us with the same old days of love, laughter, learning and growing together, but with a new perspective about life, about the world, about everything. I know I have taught you that 'tough times do not last, but tough people do.' So, hold on to faith, this too shall pass!

Just remember, there are ample opportunities with you for learning new things even during the lock down period.

- Follow a fixed routine of getting up, bathing, getting ready and eating healthy food.
- As your teachers are taking online classes and are sending study material also, attend the classes without fail, be regular in reading your lessons/study material, attempt your assignments carefully.
- Now is a great opportunity to read your text books in any order you like. You don't need to go chapter-wise, just flip through the chapters and see what wonderful information your books contain.
- Take help or guidance from your parents and pay attention to your parents' advice. They are your well-wishers and want to help you in every possible way.
- Take out time for pursuing your hobbies. Explore your hidden talent, just give a try to whatever you had been holding back. As you are at home all the time, so no one is going to ridicule your attempt.
- Talk to our school counselor and get any of your queries answered instantly by writing her email at counsellordavbrsnagar@gmail.com.
- Be safe while using the Internet. Keep your accounts password protected and do not share your password with anyone. Do not click on any suspicious link/website.
- Read books, any books for that matter. Now there's enough time with you, make the best use of it for exploring books of different genre.
- Read about world's great personalities and there's a great deal of learning from their inspiring stories. I share one with you-

Newton obtained his Bachelor's degree from Trinity College, Cambridge, in 1665, and was going to continue his education. But due to the outbreak of Bubonic plague in London, precautions were taken and the University was temporarily closed.

So Isaac Newton went back to his village and was working from home.

Ironically, while his time actually working at college was "undistinguished", Newton's time working from home were his most productive years and would alter the course of Science. It

was during that time that he was his most productive, developing his theories of Calculus, Optics, and discovering Gravity.

When Newton returned to Cambridge, he was made a fellow, and then a professor.

You can check more details by clicking on the link - https://fantasticfacts.net/351/

In the end, I once again request you all that in this situation, it is our duty to follow the guidelines issued by WHO, central/state Govt authorities/local administration and make the lock down successful. Refrain from spreading/ following any rumours.

We, the DAVians, must behave in a very responsible manner and make our country win the war against COVID-19.

DAV Jai Jai Jai Hind

Yours truly

Jaswinder K Sidhu Principal Dated: 07/04/2020