

DAV PUBLIC SCHOOL

BRS NAGAR, LUDHIANA

Dear Parents

Namaskar!

At the outset, I wish and pray that you and your family are healthy and safe by exercising all the precautions against the Global Pandemic caused by Corona Virus. I urge you to follow the guidelines coming from time to time regarding social distancing, repeated hand washing, eating healthy food and staying indoors.

Our dear students have got an unprecedented break from school which allows them to spend enough quality time with you. We want that the students use these days productively, as most of the students have got the books of the next class that they have been promoted to.

* You could help them set subject wise self-study time on the lines of school time table, where your ward could choose to study different subjects starting with relatively easier topics. Our teachers have already started sending guidelines, reading material, links to audio/video lessons.

* Please help your ward to follow the instructions of the teachers, help and guide them as much as you can and maintain a track of their performance.

* Have a 'power hour' where all members of the family can express their feelings and thoughts.

* You could also plan to sit together and watch a movie of your choice or some documentary films at home.

* Please encourage your child to write a journal and help them practice their reading and writing skills.

* You might find burning off all the extra energy of the kids really difficult, so you can try some exercising apps, yoga, breathing exercises etc.

* You could create something together like a painting, craft work, a dish or a song. Involve your kids in household chores like cooking, washing, tidying etc.

* You could play games like Chess, Carom, Scramble, Crossword puzzle or Sudoku

* Keep a 'phone away' time for everyone. This time will also allow the entire family to have all the meals together, encourage you children to prepare a meal with you and let them serve and set up the table.

These simple joys have been allowed to us because of global tough times, we hope you make the most use of this and help your children create memories just with you like the family times you had with your parents.

Let us sit back and reflect upon the lesson that Corona outbreak has taught us. From authoritarian China to democratic America, from Roman Catholic population in Italy to the Islamic Iran, from Milan to India's Maujpur and from Spain to Japan, we are all one irrespective of race, religion, language and political ideology. While death is the only common fear, Science is the only common faith and Humanity is the only common thread.

Let us teach this lesson to our children while we have enough time at hand during our self quarantine period. They will get a head start on learning to appreciate the good things in life and be patient in these turbulent times.

With best wishes

Jaswinder Kaur Sidhu

Principal

Dated: 21/03/2020